

THE UNIVERSITY OF ARIZONA.



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Victoria Maizes, MD, on faculty at the Food for Your Whole Life Symposium

Conference examines the effects of food and eating habits on health

TUCSON, Ariz., June 20, 2012 –Victoria Maizes, MD, Arizona Center for Integrative Medicine executive director, presented recently at the Food for Your Whole Life Symposium in New York City.

The symposium, held June 3-4, 2012, educates the public and health care professionals on the effects of foods and food-based dietary patterns on health. Attendees learn useful tips and techniques to improve health outcomes, including topics on dispelling nutrition myths, applications of food as medicine, and food synergy.

Maizes presented “*Foods that Make you Fertile: Nutrition Advice for Women and Men.*” She was joined on the speaker roster by Drs. Mehmet Oz, Michael Roizen, David Katz, Wendy Bazillan and Kathleen Zelman, MS, RD. The full symposium program—including list of speakers and presentations—can be viewed on the Food for Your Whole Life website at <http://foodforyourwholife.org/symposium/index.cfm/program/>

On demand video of the Food for Your Whole Life Symposium Panel can be viewed at <http://www.media-server.com/m/p/c6axb7qz>

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About the Arizona Center for Integrative Medicine

The Arizona Center for Integrative Medicine (AzCIM) is leading the transformation of health care by creating, educating and actively supporting a community that embodies the philosophy and practice of healing-oriented medicine, addressing mind, body and spirit. Integrative medicine takes account of all lifestyle factors that influence health and makes use of conventional and alternative therapies as appropriate. Since its inception, the AzCIM has focused its efforts on three areas: education, clinical care and research, with the primary emphasis on education. AzCIM was built on the premise that the best way to change a field is to educate the most gifted professionals and place them in settings where they can teach others. To learn more about the AzCIM, please visit www.azcim.org

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