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FOR IMMEDIATE RELEASE

## **Innovative Educational Program Wins First Prize for Curriculum Model**

Integrative Medicine in Residency proves successful and user-friendly

**TUCSON, Ariz., June 8, 2010** – The Integrative Medicine in Residency (IMR) program at the University of Arizona College of Medicine's Center for Integrative Medicine this week won first place in 21<sup>st</sup> Century Training and Residency Redesign at the Workshop for Directors of Family Medicine Residencies. The IMR poster to win this distinction was titled "Integrative Medicine in Residency: An Innovative Curriculum Model."

IMR is a 200-hour competency-based, in-depth online curriculum in integrative medicine, designed to be incorporated into residency education. It meets Accreditation Council for Graduate Medical Education (ACGME) requirements and is currently being implemented at eight residencies nationwide and has been opened up to other early adopting programs.

IMR is designed for flexibility and ease-of-use by the typical residency program. While content may be incorporated through lectures and rotations, no other program has successfully infused integrative medicine content into required curricula throughout residency. Residents show gain in knowledge and skills, and rate the curriculum highly.

The Workshop for Directors of Family Medicine Residencies took place June 6 – 8 in Kansas City, Mo. The Workshop was sponsored by the American Academy of Family Physicians (AAFP), the American Board of Family Medicine (ABFM), the Association of Departments of Family Medicine (ADFM), the Association of Family Medicine Residency Directors (AFMRD), and the Society of Teachers of Family Medicine (STFM).

To find out more about Integrative Medicine in Residency, please contact Program Coordinator Emily EW Sherbrooke at 520.626.1539 or by email at uaimres@email.arizona.edu.

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## **About the Arizona Center for Integrative Medicine**

The Arizona Center for Integrative Medicine leads the transformation of health care by creating, educating and actively supporting a community that embodies the philosophy and practice of healing-oriented medicine, addressing mind, body and spirit. Integrative medicine is healing-oriented and makes use of conventional and alternative therapies as appropriate. Since its inception, the Center has focused its efforts on three areas: education, clinical care and research, with the primary emphasis on education. We built the Center on the premise that the best way to change a field is to educate the most gifted professionals and place them in settings where they can, in turn, teach others. To learn more about the Center, visit www.azcim.org