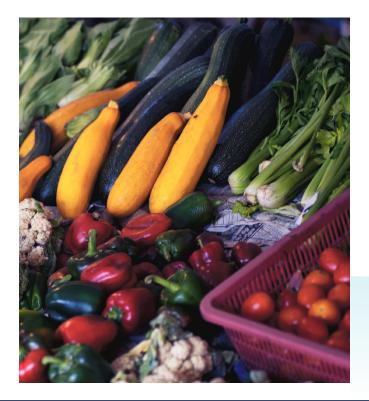# Integrative Medicine in Residency – Psychiatry

The Andrew Weil Center for Integrative Medicine at The University of Arizona, in collaboration with the leading experts, has developed the first online psychiatric integrative medicine curriculum, designed to embed integrative medicine education into psychiatric residency and fellowship training. The curriculum and resources are updated on a regular basis to reflect the ever-growing evidence that supports this field.

This curriculum offers topics not typically included in conventional medical education. Examples include: nutrition, dietary supplements, mind-body medicine, and environmental medicine.

## Why now?

The landscape of mental health care is changing. A number of diseases are often not fully addressed with solely conventional medicine treatments. Patients are increasingly demanding whole-person approaches for prevention and treatment of psychiatric conditions.



## Features:

- 95 hours, competency-based curricula following ACGME guidelines
- 24-hour access for residents and faculty
- Blends on-line learning with experiential activities and robust research
- Course on Healthcare Professional Wellbeing which addresses ACGME Section VI Common Program Requirement for physician wellbeing
- Modular format allows maximum flexibility
- Evaluation tools and exams built in to monitor progress and assess acquisition of knowledge
- Psychiatry training program may also include on-site activities to reinforce interactive online learning. Examples include: journal clubs, case conferences, mind-body skills groups, and other experiential didactics.
- **For faculty:**
  - Monthly joint site leadership calls
  - Annual Faculty Development Meetings in Tucson, AZ
  - On-line resource library with teaching materials, presentations, and handouts

**Is your program ready to take the next step?**

Please contact our Business Development office at azcim-bizdev@list.arizona.edu

THE UNIVERSITY OF ARIZONA
Andrew Weil Center
for Integrative Medicine

For more information, visit: awcim.arizona.edu/imr