

Fellowship in Integrative Medicine Overview

2026 Fall

unit 1	August 5 - September 22, 2024 Intro to IM • Healthcare Wellbeing • Motivational Interviewing • Medical Informatics • Anti-Racism • Case Study Pat
unit 2	September 23 - November 10, 2024 Introduction to Nutrition • Phytonutrients • Anti-Inflammatory Diet* • Microbiome <i>*IMMERSION WEEK - October 20-24, 2024</i>
unit 3	November 11, 2024 - January 5, 2025 Intro to Mind-Body Medicine • Stress, Relaxation & Health • Mind-Body: Modalities • Mind-Body Pediatrics • Mind-Body: Clinical Application • Spirituality & Health Care • Integrative Sleep Health
unit 4	January 6 - March 16, 2025 Botanical Medicine Foundations • Micronutrients & Supplements: An Intro • Vitamins • Minerals • Common Dietary Supplements • Micronutrients Review: Putting it All Together • MBSR
unit 5	March 17 - May 11, 2025 Whole Systems Intro • Homeopathy • East Asian Medicine or Ayurveda • Energy Medicine (Intro & Deeper Studies) • MBSR
unit 6	May 12 - July 6, 2025 Environmental Medicine: Intro* • Environmental Medicine: Advanced Approaches* • Intro to Integrative Mental Health • Anxiety* • Depression* • Physical Activity • Topics in Obesity* Mentorship Program Begins
unit 7	July 7 - August 24, 2025 Integrative Rheumatology • Integrative Pain Management Series* • Manual Medicine • Intro to Genomics
unit 8	August 25 - October 12, 2025 Integrative Medicine Business • Legal Issues • Functional Medicine • Perioperative Care
unit 9	October 13 - December 14, 2025 Integrative Endocrinology • Integrative Cardiology* • Integrative Diabetes • Immunizations <i>IMMERSION WEEK - November 9 - 13, 2025</i>
unit 10	December 15, 2025 - March 1, 2026 Integrative Gastroenterology • Integrative Respiratory Health • Integrative Dermatology • Women's Health IM Consultation DUE - January 12 - March 22, 2026
unit 11	March 2 - April 12, 2026 Intro to Integrative Oncology* • Nutrition & Cancer* • Smoking Cessation • Intro to Therapeutic Uses of Psychedelics* IM Consultation DUE
unit 12	April 13 - May 24, 2026 Breast Cancer* • Prostate Cancer • Aromatherapy I • Aromatherapy II • Men's Health Mentorship Program Ends
unit 13	May 25 - June 28, 2026 Neurology: Health Brain Aging • Integrative Neurology: Adult Focus • Integrative Neurology: Pediatric Focus • Contemplative Care
FINAL EXAM	June 29 - July 26, 2026 Final Exam Study Guide
	July 27 - August 16, 2026 Final Exam
	<i>GRADUATION ~ *IMMERSION WEEK - September 27 - October 1, 2026</i>

year one

year two

To receive graduation certificate, all requirements must be met by August 16.

*CME Credit Available

Schedule subject to change.



THE UNIVERSITY OF ARIZONA

Andrew Weil Center
for Integrative Medicine